

MHS Careers Programme

	Bench Mark 1 A stable Careers programme	Bench Mark 2 Learning from career and labour market information	Bench Mark 3 Addressing the needs of each student	Bench Mark 4 Linking curriculum learning to carers	Bench Mark 5 Encounters with employers and employee	Bench Mark 6 Experience of work places	Bench Mark 7 Encounters with Further and higher education	Bench Mark 8 Personal Guidance
Autumn Term	Review of the careers policy, programme and curriculum	Careers meetings. Display in the common room MHS website careers support Labour market assembly	Mock interviews Careers meetings	PSHE curriculum Subject teachers highlighting the relevance of STEM subjects for a wide range of future career paths.	Further and higher career fair. Guest speakers Preparation for adulthood curriculum.	DofE Award - volunteering at Castlefield viaduct. Preparation for adulthood Guest speakers	Careers fair - further, higher, alternative providers, work experience	Careers meeting / guidance
Spring Term	Review of the careers policy, programme and curriculum	Parent workshop on further education and the labour market.	Mock interviews Careers meetings	PSHE curriculum	Guest speakers Preparation for adulthood curriculum.	Business and companies coming into school to talk about different aspects of work	Year 11 college visits. Whole school University visit	Careers meeting / guidance
Sumer Term	Review of the careers policy, programme and curriculum	Enterprise day	CV writing and interview techniques	PSHE curriculum	Work experience (This could be in house)	Work experience (This could be in house)	Past students talk	Careers meeting / guidance

Manchester Hospital School
Long Term Plan

RMCH, The Christie, Wythenshawe Hospital and North Manchester General Hospital

PSHE

Blue: Healthy Lifestyles
Yellow: Living in the Wider World
Pink: Relationships

Highlighted in yellow are the areas of the PSHE curriculum that support the effective delivery of careers education, information and guidance.

11	Building for the future	Next steps	Communication in relationships	Independance	Families	Where to next?
10	Mental Health	Work experience	Healthy Relationships	Exploring Influences	Addressing extremism and radicalisation	Financial Decision making
9	Healthy lifestyle	Setting goals	Respectful relationships	Peer influence, substance use and gangs	Intimate relationships	Employability skills
8	Drugs and alcohol	Community and careers	Discrimination	Emotional wellbeing	Identity and relationships	Digital literacy
7	Transition and safety	Developing skills and aspirations	Diversity	Health and puberty	Building relationships	Financial decision making

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
6	<p>Physical Health and Mental Well-being</p> <p>What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online</p> <p>Keeping safe - Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media</p>	<p>Belonging to a community Valuing diversity; challenging discrimination and stereotypes Media literacy and digital resilience</p> <p>Evaluating media sources; sharing things online</p>	<p>Families and Friendships Attraction to others; romantic relationships; civil partnership and marriage</p> <p>Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues</p>	<p>Growing and Changing</p> <p>Human reproduction and birth; increasing independence; managing transition</p>	<p>Safe relationships</p> <p>Recognising and managing pressure; consent in different situations</p>	<p>Money and work</p> <p>Influences and attitudes to money; money and financial risks</p>
5	<p>Physical Health and Mental Well-being</p> <p>Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies</p> <p>Keeping safe - Keeping safe in different situations, including responding in emergencies, first aid and FGM</p>	<p>Belonging to a community Protecting the environment; compassion towards others Media literacy and digital resilience How information online is targeted; different media types, their role and impact Money and work</p>	<p>Families and Friendships Managing friendships and peer influence Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p>Growing and Changing Personal identity; recognising individuality and different qualities; mental wellbeing</p>	<p>Safe relationships Physical contact and feeling safe</p>	<p>Money and work Identifying job interests and aspirations; what influences career choices; workplace stereotypes</p>

4	<p>Physical Health and Mental Well-being</p> <p>Maintaining a balanced lifestyle; oral hygiene and dental care</p> <p>Keeping safe - Medicines and household products; drugs common to everyday life</p>	<p>Belonging to a community What makes a community; shared responsibilities</p> <p>Media literacy and digital resilience How data is shared and used</p>	<p>Families and Friendships Positive friendships, including online</p> <p>Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively</p>	<p>Growing and Changing</p> <p>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</p>	<p>Safe relationships</p> <p>Responding to hurtful behaviour; managing confidentiality; recognising risks online</p>	<p>Money and work Making decisions about money; using and keeping money safe</p>
3	<p>Physical Health and Mental Well-being Health choices and habits; what affects feelings; expressing feelings</p> <p>Keeping safe - Risks and hazards; safety in the local environment and unfamiliar places</p>	<p>Belonging to a community The value of rules and laws; rights, freedoms and responsibilities</p> <p>Media literacy and digital resilience How the internet is used; assessing information online</p>	<p>Families and Friendships What makes a family; features of family life</p> <p>Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite</p>	<p>Growing and Changing</p> <p>Personal strengths and achievements; managing and reframing setbacks</p>	<p>Safe relationships</p> <p>Personal boundaries; safely responding to others; the impact of hurtful behaviour</p>	<p>Money and work Different jobs and skills; job stereotypes; setting personal goals</p>
2	<p>Physical Health and Mental Well-being Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</p> <p>Keeping safe -</p>	<p>Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community</p> <p>Media literacy and digital resilience The internet in everyday life; online</p>	<p>Families and Friendships Making friends; feeling lonely and getting help</p> <p>Respecting ourselves and others Recognising things in common and differences; playing</p>	<p>Growing and Changing</p> <p>Growing older; naming body parts; moving class or year</p>	<p>Safe relationships</p> <p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</p>	<p>Money and work What money is; needs and wants; looking after money</p>

	Safety in different environments; risk and safety at home; emergencies	content and information	and working cooperatively; sharing opinions			
1	Physical Health and Mental Well-being Keeping healthy; food and exercise, hygiene routines; sun safety Keeping safe - How rules and age restrictions help us; keeping safe online	Belonging to a community What rules are; caring for others' needs; looking after the environment Media literacy and digital resilience Using the internet and digital devices; communicating online	Families and Friendships Roles of different people; families; feeling cared for Respecting ourselves and others How behaviour affects others; being polite and respectful	Growing and Changing Recognising what makes them unique and special; feelings; managing when things go wrong	Safe relationships Recognising privacy; staying safe; seeking permission	Money and work Strengths and interests; jobs in the community
EYFS	LMTW - Happy to be me	LMTW - Tell us a story	LMTW - no place like home	LMTW - What on earth	LMTW - Under the sea	LMTW - come fly with me